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Words of Wisdom

An Artist is not paid for his labor but for his vision – James Whistler

OOTB Program Lineup 2015:

March 21, Guest speaker: Bozicz Radjenovic - Wool Sculptures

Show and tell from Gelli Plate Printing playdate participants. Members show and tell.

April 18, Guest speaker: Ariella Hosteller - Ottawa Valley Button Club; Fibre Fling Debrief

Members show and tell.

May 16, Using Recycled Materials in Your Art -

Members show and tell.

May 28, Workshop Guest instructor Jaime Koebel - Metis Beading

June 20, Guest speaker: Jaime Koebel - Metis Beading - Show and tell from Metis Beading workshop participants. Members show and tell.

Saturday June 4, Needle Felting with Caroline Forcier Holloway

Gelli Printing Playdate

with Anne Warburton

On February 22 we had a very successful playdate with Anne Warburton. The day began with Anne giving us basic information on the tools needed for gelli printing, the cleaning and care of gel plates and brayers and then demonstrating some techniques for printing fabric and paper using gel plates. Anne was beautifully organized with lots of samples to see and materials and

ideas to try. After we had learned some of the basics we were free to play. And play we did.

In advance of the playdate Anne had provided information on how to make your own gel plates. Frances had made a very impressive gel plate but most of the rest of us had opted to purchase gel plates from art material suppliers.



Anne our leader demonstrating



Members Val and Lynn creating

Over the course of the day we learned about ghost prints, masks, mark making tools, etc. Anne showed us how to add to our prints using store bought stencils and stamps. Perhaps, even more interesting were the many ideas and tips she had for using found materials such as corrugated cardboard, feathers, bubble wrap, plastic mesh bags, scraps of yarn, and various dollar store finds, for texturizing, printing and stamping. We printed on pages from old books, used stamps and stencils, and tried rubbing plates. For those of us who had never seen one before, we learned what a cuttlebug is (a die cut machine, not an insect).

This was a wonderful day of playing and experimenting. There is something very freeing in the unpredictability of gel printing. There are few mistakes possible. Almost everything is “fixable”. If you don’t like a print, add more paint and print over it. It was a wonderfully relaxing day of sheer fun.



Some items we experimented with



Cuttlebug die cut machine

Gelli printing samples by the playdate participant's



Submitted by Roberta Russell
Photos by Roberta Russell and Lynn Ruff

Ducette®

By Roxann Blazetich-Ozols

Isn't it wonderful that fibre arts tools never go out of style.....imagine being able to use a braiding tool as ancient as a lucet with a variety of materials that didn't exist centuries ago. The same technique of wrapping around one prong then the second in a figure "8" pattern is not unlike what we did with a spool knitter which had several more pegs to use.

With the 2 lucet prongs, a square braid or eye cord can be made. By changing the orientation of the fibre loops on the prongs, a flat braid can be created. Intertwining different colours of fibre and adding beads leads to even more variations in the resultant cord. "Lucet Braiding" by Elaine Fuller is an excellent resource book for different pattern options for the novice or advanced braider.



Many years ago when I was first studying the art of loom

weaving, I took a course that included the use of a wooden lucet that looked like a "U" with a handle. I was told at the time that weavers used this device for making cords to complement their garments. The Viking Museum in York sells a 2nd duck's bill style.



My interest in braiding was renewed when I found both wooden lucets a few years ago. It seemed logical to me to have them become one double ended tool. Thus, the Ducette® was born. I continued to research various archaeological, re-enactor and "e" sellers on the

internet. I learned about the lucet's documented history as a braiding tool used by the Vikings for rope and cord making and as a device for garment embellishments used centuries later by the Elizabethans.

To this day, the most common uses for the lucet is to create fine braids for shoe laces, jewellery and trims. The "Sampler & Antique Needlework Quarterly" (Spring 2002) contains a very thorough article on "The Craft of the Lucet" by Kathleen Staples outlining the lace making history of the lucet during the time of Elizabeth I. Ziggy Rytka in the UK has developed a line of lucets and instructions that include a bobbin to help speed up the process of braiding fine threads (www.thelucet.co.uk). A recent article on his research and lucet can be found in "**Beads & Beyond**" (July 2015) (<http://gb.trapletshop.com/beads-beyond-july-2015>).

I submitted a follow up e mail to Ziggy's article commenting on how I had used my dual lucet (DUCETTE®) with a wider range of materials to create jewellery cords and vbraided "scarflaces". The publishers at "**Beads & Beyond**" kindly included it in the October 2015 issue of this magazine.



I have since discovered that a wider piece of braided "fabric" can be created by including loops from a previous row in the braiding process. This eliminates the need to sew a cord together (as we had to do with the

spool knitting cords we made as children). For those who do not knit or crochet, this is an excellent method of creating garments, vessels, mats or jewellery with a

minimum amount of fibre. With less than 12 inches of material, 1 inch of braid can be made. The lucet has become the tool of choice for using up stashes of yarn, ribbon or fine cording to make useful, handmade items. There is a Luceteers group for those who want to connect with other lucet braiders:

<https://www.facebook.com/groups/463579300338314/>

Roxann Blazetich-Ozols

www.beadaddict.ca

www.ducette.com

www.facebook.com/ducettelady

Workshop on traditional Metis Beadwork

Repeated from February's Newsletter

We are pleased that Jaime Koebel will lead this workshop. Jaime is an Apeetagosan/Nehiyaw (Métis/Cree) woman originally from Lac La Biche Alberta living in Ottawa since 2000. She is an artist of many talents and very much involved in the community. Jaime is a visual artist working with beads, fish scale and drums, as well as a dancer and a vocal advocate for aboriginal and Metis organizations. She has been an Educator at the National Gallery of Canada and offers workshops in schools. Workshop participants will go over traditional patterns, techniques and stories related to beadwork and Metis people. Participants will create a small beadwork piece. The workshop will be from 10-3:30PM, and the fee will be about 80\$. Jaime is on Facebook and Twitter.

Jaime recommends purchasing this book: Wâpikwanig A Beginner's Guide to Métis Floral Beadwork published by the Gabriel Dumont Institute in Saskatoon, at 24.95\$. Even though the book is available from Amazon.ca, Jaime encourages us to purchase it from the Gabriel Dumont Institute as this provides better support for the Institute mission; go to: <https://gdins.org/shop-gdi/>. You will also find there a superb gift shop for other books and artwork. I bought my copy from the Institute and got great service. Madeleine Rousseau is in charge of the logistics for this workshop, and will have more information next month. Drop me a line if you'd like to register right away, or get more information. (madeleinezrousseau@gmail.com).

Fibre Content

CALL FOR ENTRY FIBRE CONTENT 2016

Sept. 8-18, 2016

Call for entry details are attached as well as a Save the Date poster. The organizers will have the web site open on April first to receive entries. Deadline is May 31. There are

no themes or size restrictions but work must be of one's own design and have been completed within the last 5 years.

Meredith

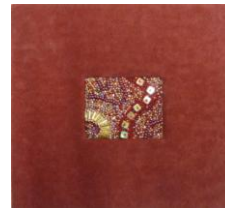
FRAME IT YOURSELF or BOX IT!

From Canada Beading Supply



piece of jewellery.

Helen Gordon, a very talented Ottawa fibre artist, is a master at making fabric covered frames for art work. These frames could also be incorporated into a fabric covered box which is a great gift on its own or a unique presentation box for a special



The frame only workshop takes place:

Monday, March 28th – 9:30am to 12:30pm

Cost: \$45.00

If you choose to make the box, you would attend the March 28th workshop as well as ones on April 4, 11, and 18th – 9:30am to 12:30pm.

Cost for the 4 workshops would be \$150.00



190 Colonnade Rd. S., Unit 8B
Ottawa, ON K2E 7J5
613 727-3886

Please note that these workshops will be at our NEW location on Colonnade Rd.

Vintage Silk Wedding Dress



This vintage silk wedding dress from the [Nepean Museum](#) collection has just returned from being carefully restored by a local conservator. The handmade flapper dress features intricate glass beadwork and fringe. It was worn by local

resident Ena McAdam upon her marriage to Dr. Angus McDonald on September 24, 1924. We're proud to be a part of the preservation of this dress, and undertake

similar projects each year to ensure that the artefacts in our care are available for generations to come.

A Stitch in Time

Kingston Fibre Artists extend an invitation to visit "A Stitch in Time" Exhibition, Spring Show and Sale opening April 2, 2016



As well as showcasing new work by the Kingston Fibre Artists, A Stitch in Time will feature textile art celebrating the colourful history of the Tett Centre. Over the years, the complex served as a brewery, distillery, military hospital, army headquarters and more before being transformed into a vibrant arts centre on the Lake Ontario waterfront.

The Kingston Fibre Artists formed in 1997 to support and encourage creativity and innovation in contemporary fibre arts. Many members have been creating art and exhibiting together for the past 19 years. Their art is in private collections across Ontario and beyond. For more information, including a list of members and images of their work, please visit <http://kingstonfibreartists.ca/>

Please bring a friend and plan to make time to tour the new Tett Centre for Creativity and Learning, and have lunch or a break at the celebrated Juniper Cafe (open Mon-Sat 9-5p) just down the hall from the Community Gallery. Parking available on site in the Queen's University lots just east of the Isabel Bader Centre for the Performing Arts at the location of Kingston's all new Arts Hub.

Playdates

What is a Playdate?

A Playdate is a date with your artistic self. It is an opportunity for our members to gather, practice art and

share ideas. Each Playdate starts with a practice exercise led by an OOTB member. The exercise consist of design, creativity and techniques that the Playdate leader uses in his or her art. Playdate participants can choose to participate in the exercises, or work on their own projects.

Where, How Many, Time and Cost

Playdates take place at the Kitchissippi United Church Hall, located at 630 Island Park Drive in Ottawa. There is free parking in designated areas and members can bring a lunch to eat in a communal kitchen. Coffee, tea and milk are provided throughout the day. Playdate days start at 9:30 am and finish at 3:30pm

The cost of each session is \$10.00 per Playdate. The playdate leaders donate their time and expertise and allow us to use their materials; therefore, there maybe a small material fee between \$5 and \$10 to replace any materials playdate participants use.

OOTB policy is that fees are non-refundable but members may find another member or non-member to take their place.

Lynn is at Tremblant for the month of March. You can still register for the June 4th Playdate by e-mailing Lynn Ruff at lynnandjack@hotmail.ca

The next Playdate and leader is:

Saturday June 4, 2016 Needle Felting with Caroline Forcier Holloway. Caroline will be demonstrating needle felting with wool and how she embellishes her needle felting pieces with silk, beads etc.

Job Posting

FAMILY SERVICES OTTAWA EXTERNAL POSTING Coordinator, Art Studio

Date: March 11, 2016
 Program: Community Programs
 Status: Union
 Salary: Level 2
 Hours of Work: 1 day (7 hours)/ week, .2 FTE;
 hours including Thursdays 11:30 – 3:30
 Location: Hintonburg Community Centre and FSO office

Position Summary

The Coordinator of the Art Studio monitors and ensures the coordination of a weekly drop in studio for adult artists living with mental health challenges. The Coordinator manages the art supply inventory, provides on-site art instruction and support and organizes

occasional workshops for participants. The Coordinator promotes the Studio by planning and coordinating exhibitions and responding, coordinating a community advisory committee and responding to requests for public speaking.

Duties

- Ensure Studio space is set up and ready for artists
- Selects and frames works of art for exhibition at FSO's office
- Checks and responds to voice messages and emails
- Maintains weekly attendance and statistics
- Administers participant satisfaction and outcome surveys
- Orients new participants to the Studio

Experience and Qualifications

- Post-Secondary Diploma in a related field
- Two (2) years of experience working as an artist
- Experience facilitating groups
- Strong knowledge of artistic supplies and techniques
- Some understanding and knowledge of the experience of living with mental health challenges
- Ability to maintain records
- Ability to work with limited supervision

Start Date: flexible; must start by April 18, 2016 at the latest

Terms and Conditions

- Must pass police records check for working with the vulnerable sector
- Current First Aid and CPR preferred

Apply to: Laurie Rektor, Director, Community Programs lrektor@familyservicesottawa.org

Planning Committee

PC Convenor	Sally Rutherford & Nancy Garrard
Programs	Lynn Ruff, Roberta Russell, Madeleine Rousseau, Jessica Menchions, Lynn Keeler
Secretary	Meredith Filshie
Membership	MaryAnne Toonders
Treasurer	Sandy Goldsmith
Web-coordinator	Sally Rutherford
Newsletter	Helen Gordon
Library	Rita Rottman
Publicity/Marketing	Open
Shows	Rita Rottman & Meredith Filshie
Contacts:	info@outofthebox.org

 <h2 style="color: red;">Yarn Forward</h2> <p style="color: red;">Encouraging Your Creativity</p>	
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