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## Words of Wisdom

When my daughter was about seven years old, she asked me one day what I did at work. I told her I worked at the college — that my job was to teach people how to draw. She stared at me, incredulous, and said, "You mean they forget?" ~Howard Ikemoto

## New Start Time

At the last planning committee meeting, it was decided to change the start time for our meetings to 7:00pm. This will take effect with our November meeting.

## OOTB Program Lineup 2014/15:

**October 20**, 10am-4pm – Workshop: Marbling on Paper with Susan Pinard

**October 20**, 7:15pm – Guest Artist Susan Pinard, Library show pieces due or deliver to Canada Beading

**November** – "1914" OOTB members' show at Stittsville Library

**November 17**, 9:30am-3:30pm Member Playdate (Nancy Garrard & Marie Anzai, tissue paper cards)

**November 17**, 7:00pm (new start time) Guest: Mike Parr presentation on Lili's stitching

**December 15**, 7:00pm Bring one of your favourite projects of 2014 to share as well as promotional items that you use to promote your work.

### 2015:

**January 19**, 7:00pm – Guest Artist Sayward Johnson

**January 26** date change, 9:30am-3:30pm Member Playdate (Connie ten Bruggenkate, make your own stamps)

**February** – OOTB members' show at Shenkman Centre, Orleans

**February 16**, 7:00pm – Prep for OOTB's Fibre Fling 4 plus member's artwork due for 12x12 Colour Challenge and hand stitching challenge

**April 10-11** - Fibre Fling 4, Kitchissippi United Church hall

**September 10-13** - Jan Beaney and Jean Littlejohn 4-day workshop

## Marbling Workshop

With Susan Pinard (local artist)

Monday October 20, 2014

10 am to 4 pm

Kitchissippi United Church Hall 630 Island Park Drive

Cost: \$60.00 plus material fee \$8.00

Marbling is an ancient technique creating gorgeous colourful marbled paper. You will learn how to: prepare the paper for marbling, how to float very thin layers of paint on the surface of thickened water, and lift the painted design off the surface and onto the paper.

The instructor will have the supplies. If you wish to bring any paper you would like to experiment with, it can be treated in the morning and used in the afternoon.

### As of last Friday, there was still one spot left

To register for the workshop contact Lynn Ruff at [lynnandjack@hotmail.ca](mailto:lynnandjack@hotmail.ca)

## Show us your Hand Stitching

To remind old members and inform our new members, we have a stitching challenge on.

The challenge:

1. your art piece can include machine stitching but it must have at least 25 per cent of some form of hand stitching on the surface.
2. you are free to do whatever kind of hand stitching that suits your style of art ... anything from simple running stitches, couching, to more elaborate embroidery stitching is acceptable.
3. size of art piece is your choice, except if you decide to combine your hand stitching challenge piece with your 12x12 Colour challenge piece. (All

details of the 12x12 project must still be met so please check MaryAnne Toonders' instructions.)

- your hand stitching challenge piece is due at OOTB's February 2015 monthly meeting.

Beane and Littlejohn have produced a number of DVDs and they are all excellent. Their latest one "In Stitches" is in the OOTB library. It's a 4 hour DVD (2 discs) that explores hand stitching comprehensively. It covers history, materials and finishing techniques and explores stitching as lines, as patterns, as textures, and as marks. It is filled with luscious samples and finished pieces. It is highly recommended to everyone who enjoys stitching.

We hope that many members will enjoy this opportunity to get creative and have some fun. Come next February, we'll "show and tell" our art challenge pieces and chase away the winter blahs. Hand stitching challenge pieces will be displayed at next spring's OOTB Fibre Fling Show.

### **News from the OOTB library.**

These are just some of the books about stitching that we have in our library. You can put a hold on a book by emailing Rita at [ritarottman@sympatico.ca](mailto:ritarottman@sympatico.ca).

**Art of the Needle** by Jan Beane.

**Colour explorations** Book 15 by Jan Beane and Jean Littlejohn

**Grids to stitch** Book 17. Beane and Littlejohn

**In Stitches** DVD Beane and Littlejohn

**Over the line** Book 16. Beane and Littlejohn

**Stitchscapes** Beane and Littlejohn

**Embroiderer's Flowers** by Thomesina Beck

**Color & design for embroidery** by Richard Box

**Embroidered countryside** by Box

**Exploring colour** by Julia Caprara

**Drawn to stitch** by Gwen Hadley

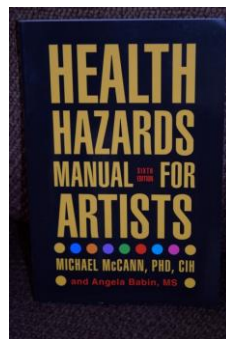
**Creative recycling in embroidery** by Val Holmes

**Celtic, Viking & Anglo-Saxon embroidery** by Jan Messent

**Threadwork: silks, stitches, beads & cords** by Effie Mitrofanis

### **Protecting yourself**

Doreen Meyer



How much do you know about the materials you use to create your art? Why is good artist hygiene important? What should you know about protecting yourself from potential hazards?

If you've asked yourself any of these questions, you'll want to read *Health Hazards Manual for Artists*, new in the OOTB library.

Here are some important points that I found interesting in this book:

- Hazardous materials have three routes into the body: skin contact, inhalation and ingestion. Some chemicals can strip away the skin's "natural protective barrier." Noxious gases resulting in "overheating of many plastics can immediately damage the sensitive linings of the airways and lungs." Ingestion "occurs more often than many people realize through mouth contact with contaminated hands, food and cigarettes."
- While pencils, chalk, charcoal, graphite and oil pastels "are not considered hazardous," the book cautions against the "habit of blowing excess dust off a drawing" to avoid inhalation.
- Many water-based acrylic emulsions "contain a small amount of ammonia and formaldehyde."
- While many citrus solvents are "touted as non-toxic," there are "reports of skin, eye and respiratory irritation."

The books' authors say, "How much you are exposed, for how long, and how often are crucial factors determining the total potential exposure to a chemical." One section lists recommendations for safe use of art materials with children. There's also information on personal protective equipment and a list of websites.

Like most fibre/mixed media artists these days, we are using and mixing together a wide variety of materials and products when making our art. Know the basics,

follow the old adage "better safe, than sorry" and do give Health Hazards a read.

## **World of Threads Festival**

2014 - Nov 1-30.

We are excited to announce the 2014 World of Threads Festival and our 20th Anniversary! The biennial festival is a showcase of local, national and international contemporary fibre and textile art. It is based in Oakville, Ontario where it began in 1994. This year there is also a show in Mississauga. We are showing 255 artworks by 97 artists from 12 countries. See below for our show invites. Please pass this email on to anyone who you think might be interested.

Dates: Nov. 1 - 30, 2014. Admission is free. The main Festival venue is Queen Elizabeth Park Community and Cultural Centre in Oakville. The Festival attracts visitors from around the world.

Check out the 2014 Exhibitions! Be sure to download the pdf brochure.

[http://www.worldofthreadsfestival.com/exhibitions\\_menu.html](http://www.worldofthreadsfestival.com/exhibitions_menu.html)

Main Festival Opening Reception: Sat. Nov. 1, 2014, 2- 4 pm.

Queen Elizabeth Park Community and Cultural Centre in Oakville

Check the Website for info on all shows, opening receptions, downloadable brochure, bus tours from Toronto to Oakville/Mississauga, maps & directions, artworks and our Weekly Fibre Artist Interviews and Curator Interviews.

Be sure to use #worldofthreads on social media!

There will be Bus Tours going from Toronto to Oakville and Mississauga for the Opening Receptions. We hope to see you there!

Gareth & Dawne

Gareth Bate - Festival Curator & Designer

Dawne Rudman - Festival Chair & Curator

## **Local Shows**

### **Ottawa Glass Bead Show:**

The 7th annual bead and jewellery show will take place this weekend, Oct 18 and 19, at the Hellenic Centre, 1315 Prince of Wales Dr. Ottawa. Hours are 10-6 Sat. and 10-5 on Sun. Parking is free but there is a \$5.00 admission charge. There will be 33 vendors, mostly glass bead artists so there will be lots of creative talent on display.

### **Ottawa Art Expo**

October 25 – 26

Patricia M. Gordon is participating in the 6<sup>th</sup> annual Ottawa Art Expo at the St Elias Centre, 750 Ridgewood Avenue on Saturday and Sunday from 10 am – 5 pm. Over 70 juried artists from Ottawa area, Eastern Ontario and Western Quebec. Art demonstrations and a small item boutique (cards, matted originals, re-prints, etc.). Food and beverages are available for sale. Free parking.

## **Sales to Participate in**

### **Crafts by the Rideau**

Time to book your space for the 6th Annual Arts and Crafts by the Rideau! Saturday November 22 Overbrook Community Centre 10-4

Please reply by Sept 12th if you are interested in taking part this year. If you are interested please send me a postal mailing address and I will send you an application form and return envelope. Also the attached poster is not the final one. I would like to showcase the participating vendors on the final poster, so please submit a photo of your creations as well.

The cost to participate is \$45.00 payable by Oct 18th. If you are not-for-profit group please let me know. As in the past tea and coffee is free to vendors. Looking forward to hearing and seeing you all!

Joanne Crafting with Company

## **Threadworks is still on**

Arthur Child Heritage Museum, Gananoque

September 12 - October 31, 2014



Threadworks is a special project of the Ontario Network of Needleworkers' (ONN) 1,000+ members. It showcases exceptional and creative needlework by artists from across Canada. Wellington County Museum and Archives (WCMA) in Fergus, Ontario

is proud to host, sponsor and support the inaugural exhibition, and acts as the organizing venue.

Threadworks is a juried exhibition that is mounted every three years and travels across Ontario to many museums and galleries.

This year, the interpretive theme was "Water". Practitioners of the needle arts were invited to submit up to 3 pieces (the actual work, not photographs).

**Interested in Wool Fibre**

At Fibrefest in Almonte, a fellow approached Francis Taylor and asked if she or people she knows would be interested in wool fibre, a waste product from his wool duster business in Winnipeg. He has two types of fibre: long staple wool from combing the dusters, suitable for both spinning and felting; and short wool fibre that result from trimming the dusters after they have been made (fibre is about 1 inch long). The latter wet-felts very well, and it can also be needle felted. Both fibres come in a mixture of pastel colours -- pink, light and some dark blue, yellow. He will sell the fibre for \$6/lb plus shipping. Francis will bring samples to the next meeting so people can see what it looks like. Here is the contact information in case people want to check this out ahead of time:

Melvyn Pollins, Director of Operations Lambskin Specialties  
250 Dufferin Ave Winnipeg, Man. R2W 5J1  
Phone: 204 582 8097 Fax: 204 582 5598  
Toll free: 1 800 665 0202  
[Melvyn@lambskin.com](mailto:Melvyn@lambskin.com)  
[www.lambskin.com](http://www.lambskin.com)

**Meetings**

Meetings are normally held the third Monday of the month, from 7:15 p.m. to 9:15 p.m. at the Ottawa Citizen Main Floor Board Room, Baxter Road, Ottawa.

Submission deadline for the November Newsletter is November 12, at 5:00 pm.

**Really Bad Weather & Meetings**

If there is any weather condition that makes travel risky, members will be notified by e-mail by 4:00 pm the afternoon of the meeting. If you do not have email or cannot access email at work, please partner with someone who has access. Members should NOT call the Citizen for this information as nobody there would have it. (They lend the facility to organizations for a nominal fee and do not want any involvement in administrative matters).

**Planning Committee**

PC Convenor	Sally Rutherford & Nancy Garrard
Programs	Marie Anzai, Doreen Meyer, Lynn Ruff, Connie ten Bruggenkate
Secretary	Meredith Filshie
Membership	MaryAnne Toonders
Treasurer	Sandy Goldsmith
Web-coordinator	Sally Rutherford
Newsletter	Helen Gordon
Library	Rita Rottman
Publicity/Marketing	Open
Shows	Rita Rottman & Meredith Filshie
Contacts:	<a href="mailto:info@outofthebox.org">info@outofthebox.org</a>

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